

Future Champs 2016 Field Hockey Camp on Turf

Sponsored by the Dallastown Field Hockey Booster Club

Monday, June 20 – Thursday, June 23, 2016

9 a.m. - 12:00 p.m Day Camp. (rain date Friday, June 24th)

Players going into grades 4 – 9th Dallastown HS Football Turf Field

Directed by Jeri Myers, Dallastown H.S. Varsity Coach

All schools are welcome!

This camp is for beginners as well as those who would like to improve their skills.

We are looking for campers going into 4th-9th grade who want to learn and improve their field hockey game.

Our main objective is to provide all participants with the knowledge and skill needed to fulfill their athletic potential in a healthy, fun environment. Our goal is to have fun, challenge each camper and give everyone a chance to meet new friends. Campers will be evaluated and placed into groups with other campers at a similar skill level. We will then give them our utmost attention so that they are able to improve their skills. We have a great group of high school and experienced college players in addition to well respected junior and senior high school coaches. They combine to make this year's excellent coaching staff for Future Champs Field Hockey Camp.

This is a DAY CAMP from 9:00 a.m. – 12:00 p.m on TURF.

A tentative schedule would go as follows:

8:30 - 9:00 am-	Arrival and select equipment
9:00 - 9:15 am-	Warm-Up Activity-
9:20 - 10:00 am-	New Skills/Drills Games
10:00 - 10:15 am-	Water Break/Snack
10:15 - 10:30 am-	Offense/Defense Skills/Drills
10:30 - 11:00 am-	Small games 3 v 1
11:00 - 11:20 am-	Play game using new skill
11:20 - 11:30 am-	Water Break
11:30 - 12:00 pm-	Competitions



The **\$80.00 camp fee** includes a mouth guard, water, snacks, and a camp t-shirt. All field hockey equipment (sticks, shin guards and balls) will be available to use but must be returned at the end of each day. We are looking forward to another fun-filled week. This will be the 16th year of the camp, so we hope that everyone spreads the word that field hockey is here, and the FUTURE CHAMPS are on their way. We now have FUTURE CHAMPS CAMP graduates that are playing hockey in college!

Deadline to reserve a t-shirt is Friday, May 27rd -applications after that date will not receive a shirt.

Camp registration is limited to 60 campers. When the camp is filled registration will close.

Any questions regarding the camp, please call Jeri Myers 487-3305 or Kelly Strayer at 244-1610.

Make checks payable to Dallastown Field Hockey Booster Club and mail the registration form to:

Jeri Myers

2453 Cambridge Rd

York, PA 17402

Returned check fee is \$25.00.